

Name: \_\_\_\_\_ Date: \_\_\_\_\_ File #: \_\_\_\_\_ Case Type: \_\_\_\_\_

Sex: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Address: \_\_\_\_\_  
Residence and Mailing City State Zip Code

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Marital Status: S M D W Spouse's Name: \_\_\_\_\_ Spouse's Birth Date: \_\_\_\_\_

No. of Children: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ Google \_\_\_\_\_ Another Patient (Please Name) \_\_\_\_\_

\_\_\_\_\_ Online Videos \_\_\_\_\_ Social Media \_\_\_\_\_ Doctor Referral (Please Name) \_\_\_\_\_

\_\_\_\_\_ Office Sign \_\_\_\_\_ Insurance Co. \_\_\_\_\_ Other (Please List) \_\_\_\_\_

## Primary (First) Complaint and Location

Chief Complaint/Body Area (Reason for Visit): \_\_\_\_\_

When did your symptoms appear (Onset Date)? \_\_\_\_\_

Please describe the cause of the injury: \_\_\_\_\_

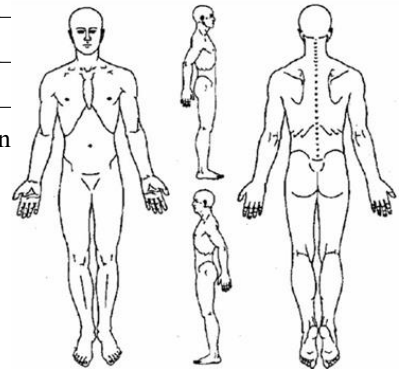
Is this condition getting progressively worse? \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ Unknown

Please [ ] the box on the where you have pain, numbness, or tingling.

Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

Please describe your symptoms:

Sharp       Shooting       Stiffness  
 Dull       Burning       Deadness  
 Throbbing       Tingling       Stabbing  
 Aching       Cramping       Numb       Excruciating       Pulsating



What makes it worse?

Sitting       Lifting       Driving       Looking Down       Sneezing  
 Standing       Coughing       Walking       Rotating Head       Carrying  
 Bending       Straining       Exercising       Stress       Climbing Stairs  
 Lying Down       Getting out of bed       Looking Up       Bright Lights       Repetitive Movement

What makes it better?

Ice       Rest       Pain Medications       Lying Down       Exercising  
 Heat       Tylenol       Mineral Ice       Sleeping       Anti-inflammatory  
 Massage       Advil       Muscle Relaxers      Other: \_\_\_\_\_

What time of day is it worse? \_\_\_\_\_ Morning      \_\_\_\_\_ End of day      \_\_\_\_\_ Night      \_\_\_\_\_ Various Times

What percentage of the day is the condition present? 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Does it interfere with your: \_\_\_\_\_ Work      \_\_\_\_\_ Sleep      \_\_\_\_\_ Daily Routine      \_\_\_\_\_ Recreation      \_\_\_\_\_ None

Have you seen other doctors for this condition?  Yes  No If yes, who? (Name) \_\_\_\_\_

Type of Treatment: \_\_\_\_\_ Are you satisfied with the results of the treatment?  Yes  No

Primary Care Physician: \_\_\_\_\_ Have you ever had Chiropractic care before?  Yes  No

May we communicate with your Primary Care Physician about your care?  Yes  No

Do you exercise?  None  Infrequent  Regular  Frequent and Heavy

Sufficient rest  Never  Rarely  Occasionally  Moderately

Hours of sleep  3-4  5-6  7-8  9-10  More than 10

Personal stress  Low  Medium  High  Very high

Occupational stress  Low  Medium  High  Very high

Well-balanced diet  Never  Rarely  Occasionally  Regularly

Do you smoke?  No  Occasionally  1 to 5  6 to 10  11-15  Packs per day?

Do you drink alcohol?  No  Occasionally  1 to 2  2 to 3  4 to 5  More than 5 per day

Do you drink  No  Occasionally  1 to 2  2 to 3  4 to 5  More than 5 per day  
caffeine?

## Secondary Complaint and Location

Second Complaint/Body Area: \_\_\_\_\_

When did your symptoms appear (Onset Date)? \_\_\_\_\_

Please describe the cause of the injury: \_\_\_\_\_

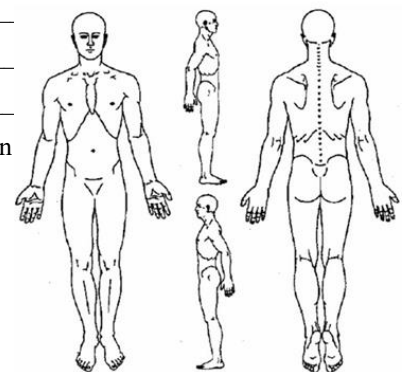
Is this condition getting progressively worse?  Yes  No  Unknown

Mark an X on the picture where you continue to have pain, numbness, or tingling.

Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

Please describe your symptoms:

<input type="checkbox"/> Sharp	<input type="checkbox"/> Shooting	<input type="checkbox"/> Stiffness		
<input type="checkbox"/> Dull	<input type="checkbox"/> Burning	<input type="checkbox"/> Deadness		
<input type="checkbox"/> Throbbing	<input type="checkbox"/> Tingling	<input type="checkbox"/> Stabbing		
<input type="checkbox"/> Aching	<input type="checkbox"/> Cramping	<input type="checkbox"/> Numb	<input type="checkbox"/> Excruciating	<input type="checkbox"/> Pulsating



What makes it worse?

<input type="checkbox"/> Sitting	<input type="checkbox"/> Lifting	<input type="checkbox"/> Driving	<input type="checkbox"/> Looking Down	<input type="checkbox"/> Sneezing
<input type="checkbox"/> Standing	<input type="checkbox"/> Coughing	<input type="checkbox"/> Walking	<input type="checkbox"/> Rotating Head	<input type="checkbox"/> Carrying
<input type="checkbox"/> Bending	<input type="checkbox"/> Straining	<input type="checkbox"/> Exercising	<input type="checkbox"/> Stress	<input type="checkbox"/> Climbing Stairs
<input type="checkbox"/> Lying Down	<input type="checkbox"/> Getting out of bed	<input type="checkbox"/> Looking Up	<input type="checkbox"/> Bright Lights	<input type="checkbox"/> Repetitive Movement

What makes it better?

<input type="checkbox"/> Ice	<input type="checkbox"/> Rest	<input type="checkbox"/> Pain Medications	<input type="checkbox"/> Lying Down	<input type="checkbox"/> Exercising
<input type="checkbox"/> Heat	<input type="checkbox"/> Tylenol	<input type="checkbox"/> Mineral Ice	<input type="checkbox"/> Sleeping	<input type="checkbox"/> Anti-inflammatory
<input type="checkbox"/> Massage	<input type="checkbox"/> Advil	<input type="checkbox"/> Muscle Relaxers	Other: _____	

What time of day is it worse?  Morning  End of day  Night  Various Times

What percentage of the day is the condition present? 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Does it interfere with your:  Work  Sleep  Daily Routine  Recreation  None

## Third Complaint and Location

Third Complaint/Body Area: \_\_\_\_\_

When did your symptoms appear (Onset Date)? \_\_\_\_\_

Please describe the cause of the injury: \_\_\_\_\_

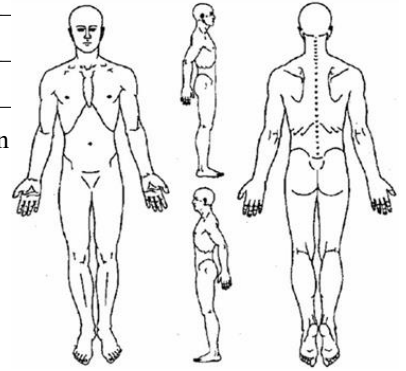
Is this condition getting progressively worse?     Yes     No     Unknown

Mark an X on the picture where you continue to have pain, numbness, or tingling.

Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

Please describe your symptoms:

- |                                    |                                       |                                    |
|------------------------------------|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Sharp     | <input type="checkbox"/> Shooting     | <input type="checkbox"/> Stiffness |
| <input type="checkbox"/> Dull      | <input type="checkbox"/> Burning      | <input type="checkbox"/> Deadness  |
| <input type="checkbox"/> Throbbing | <input type="checkbox"/> Tingling     | <input type="checkbox"/> Stabbing  |
| <input type="checkbox"/> Aching    | <input type="checkbox"/> Cramping     | <input type="checkbox"/> Numb      |
|                                    | <input type="checkbox"/> Excruciating | <input type="checkbox"/> Pulsating |



What makes it worse?

- |                                     |   |                                     |  |  |
|-------------------------------------|---|-------------------------------------|--|--|
| <input type="checkbox"/> Sitting    | <input type="checkbox"/> Lifting            | <input type="checkbox"/> Driving    | <input type="checkbox"/> Looking Down  | <input type="checkbox"/> Sneezing            |
| <input type="checkbox"/> Standing   | <input type="checkbox"/> Coughing           | <input type="checkbox"/> Walking    | <input type="checkbox"/> Rotating Head | <input type="checkbox"/> Carrying            |
| <input type="checkbox"/> Bending    | <input type="checkbox"/> Straining          | <input type="checkbox"/> Exercising | <input type="checkbox"/> Stress        | <input type="checkbox"/> Climbing Stairs     |
| <input type="checkbox"/> Lying Down | <input type="checkbox"/> Getting out of bed | <input type="checkbox"/> Looking Up | <input type="checkbox"/> Bright Lights | <input type="checkbox"/> Repetitive Movement |

What makes it better?

- |                                  |                                  |   |                                     |  |
|----------------------------------|----------------------------------|---|-------------------------------------|--|
| <input type="checkbox"/> Ice     | <input type="checkbox"/> Rest    | <input type="checkbox"/> Pain Medications | <input type="checkbox"/> Lying Down | <input type="checkbox"/> Exercising        |
| <input type="checkbox"/> Heat    | <input type="checkbox"/> Tylenol | <input type="checkbox"/> Mineral Ice      | <input type="checkbox"/> Sleeping   | <input type="checkbox"/> Anti-inflammatory |
| <input type="checkbox"/> Massage | <input type="checkbox"/> Advil   | <input type="checkbox"/> Muscle Relaxers  | Other: _____                        |  |

What time of day is it worse?     Morning     End of day     Night     Various Times

What percentage of the day is the condition present?    10%    20%    30%    40%    50%    60%    70%    80%    90%    100%

Does it interfere with your:     Work     Sleep     Daily Routine     Recreation     None

## Past Health History

Below is a list of conditions that may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as the problems can affect your overall course of care.

### Neurological Health History

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Facial Weakness    | <input type="checkbox"/> Loss of Balance     | <input type="checkbox"/> Sensation Loss  | <input type="checkbox"/> Memory Loss   |
| <input type="checkbox"/> Smell Disturbance  | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Incontinence    | <input type="checkbox"/> Dizziness     |
| <input type="checkbox"/> Speech Disturbance | <input type="checkbox"/> Seizures _____      | <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Nervousness   |
| <input type="checkbox"/> Visual Disturbance | <input type="checkbox"/> Numbness in Toes    | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Stomach Upset |
| <input type="checkbox"/> Loss of Taste      | <input type="checkbox"/> Numbness in Fingers | <input type="checkbox"/> Irritability    | <input type="checkbox"/> Tension       |

### Musculoskeletal Health History

- |   |  |   |  |
|---|--|---|--|
| <input type="checkbox"/> Abnormal Posture     | <input type="checkbox"/> Disc Herniation           | <input type="checkbox"/> Osteopenia       | <input type="checkbox"/> Elbow Problem |
| <input type="checkbox"/> Osteoarthritis       | <input type="checkbox"/> Degenerative Disc Disease | <input type="checkbox"/> Osteoporosis     | <input type="checkbox"/> Wrist Problem |
| <input type="checkbox"/> Dislocation/Fracture | <input type="checkbox"/> Shoulder Problem _____    | <input type="checkbox"/> TMJ Syndrome     | <input type="checkbox"/> Ankle Problem |
| <input type="checkbox"/> Lower Back Pain      | <input type="checkbox"/> Knee Problem _____        | <input type="checkbox"/> Headaches        | <input type="checkbox"/> Pes Planus    |
| <input type="checkbox"/> Neck Pain            | <input type="checkbox"/> Sprain/Strain _____       | <input type="checkbox"/> Tendonitis _____ | Other _____                            |

## Childhood Illnesses

____ ADD / ADHD	____ Allergies / Hay Fever	____ Asthma	____ Eczema
____ Cerebral Palsy	____ Chicken Pox	____ Depression	____ Diabetes (Type I)
____ Fetal Drug Exposure	____ Food Allergies	____ Headaches	____ Hepatitis
____ Measles	____ Mumps	____ Rash	____ Scoliosis
____ Sickle Cell Anemia	____ Ear infections	____ Other _____	____ Bed Wetting

## Adult Illnesses

____ Alzheimer's	____ Anemia	____ CRPS (RSD)	____ Cancer _____
____ Chicken Pox	____ Crohn's / Colitis	____ Heart Disease	____ Kidney Problems
____ Depression	____ Diabetes (Type II)	____ Liver Disease	____ Emphysema
____ Eye Problems	____ Fibromyalgia	____ Parkinson's Disease	____ STD's (unspecified)
____ Hypertension	____ Pneumonia	____ Seizure Disorder	____ Hepatitis
____ Lupus Erythema	____ Multiple Sclerosis	____ Vertigo	____ Other _____
____ Psychiatric Problems	____ Scoliosis	____ Asthma	
____ Suicide Attempt(s)	____ Thyroid Problems	____ Ear Infections (frequent)	

## Past Surgeries

____ Angioplasty	____ Appendectomy	____ Ceaserian Section	____ Carpal Tunnel Repair
____ Coronary Artery Bypass	____ Cosmetic	____ D & C	____ Rotator Cuff
____ Hemorrhoidectomy	____ Hernia Repair	____ Hysterectomy	____ Gallbladder
____ Laminectomy _____	____ Mastectomy	____ Pacemaker Insertion	____ Knee Replacement
____ Spinal Fusion _____	____ Tympanostomy	____ Cardiac Catherization	____ Hip Replacement
____ Other _____			

## Current Medications

_____	_____	_____
_____	_____	_____
_____	_____	_____

## Vitamins and Supplements

_____	_____	_____
_____	_____	_____
_____	_____	_____

## Known Drug Allergies

_____	_____	_____
_____	_____	_____

*The statements made on this form are accurate to the best of my recollection and I agree to allow this office to examine me for further evaluation:*

\_\_\_\_\_  
*Signature (Patient or Guardian)*

\_\_\_\_\_  
*Date*

## Financial / Insurance Information

Who is responsible for this account? \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Health Insurance Company Name: \_\_\_\_\_ 2<sup>nd</sup> Ins. Co. Name: \_\_\_\_\_

Please be aware of the following: If you have an HMO, you will need a referral from your Primary Care Doctor. Also, some plans require a Pre-Authorization after the Initial Exam and Report of Findings.

### Denial of Work/Auto Accident

I confirm that the treatment I am requesting to receive today is NOT for injuries sustained in an automobile accident or work-related accident.

\_\_\_\_\_  
Signature (Patient or Guardian)

\_\_\_\_\_  
Date

### Auto Accident Information

If you were in a Motor Vehicle Accident, please list YOUR Auto Insurance information:  
(We do not bill 3<sup>rd</sup> Party Automobile Insurance Companies. See MVA Financial Policies Page for details.)

Auto Insurance Company Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Claim #: \_\_\_\_\_ Adjuster Name: \_\_\_\_\_ Phone # \_\_\_\_\_

### Financial Policies / Fee Schedule

I understand that health and accident policies are an arrangement between my insurance carrier and myself. This office will prepare any necessary reports and forms to assist me in making collections from my insurance company. **Ultimately, I am responsible for all services rendered, including those not reimbursed by my insurance company.**

#### Services

Initial 5-minute Consultation  
New Patient Exam  
X-Rays, 2-3 view, 1 area  
Progress Exam  
Care Coordination and Counseling  
Chiropractic Spinal Adjustment  
Interferential Stimulation Therapy  
Intersegmental Traction Therapy  
Therapeutic Exercises/Rehab  
MLS Cold Laser (per body area)  
Spot Cryo Therapy  
Non-Surgical Spinal Decompression  
Kinesio Taping  
Per Visit Admin Fee

#### Fees

Complimentary  
\$115.00  
\$68.00  
\$76.00  
\$40.00  
\$68.00  
\$54.00  
\$29.00  
\$54.00  
\$78.00  
\$52.00  
\$88.00  
\$29.00  
\$2.00

*I have read and understand the above financial policies.*

\_\_\_\_\_  
Signature (Patient or Guardian)

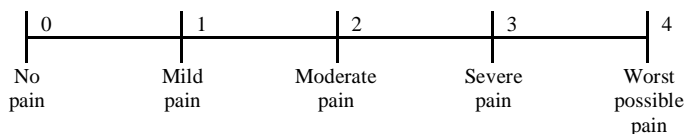
\_\_\_\_\_  
Date

# Functional Rating Index

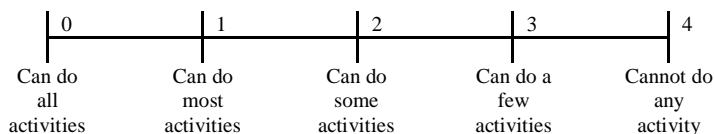
For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your **neck and/or back problems** has affected your ability to manage everyday activities. For each item below, **please circle the number which most closely describes your condition right now.**

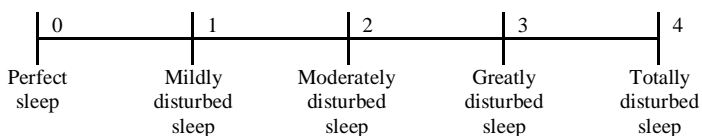
## 1. Pain Intensity



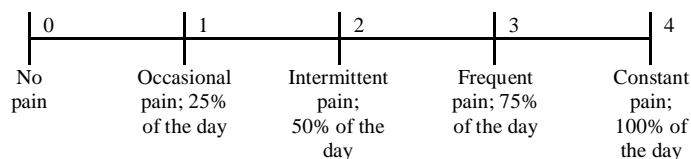
## 6. Recreation



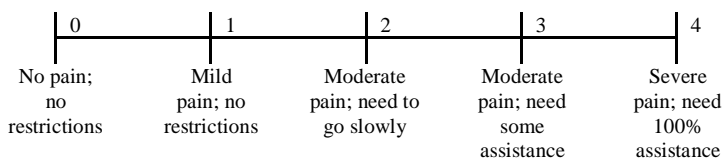
## 2. Sleeping



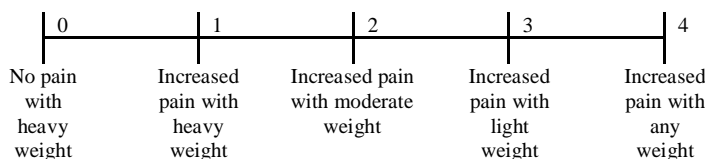
## 7. Frequency of Pain



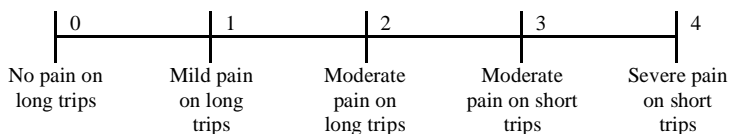
## 3. Personal Care (washing, dressing, etc.)



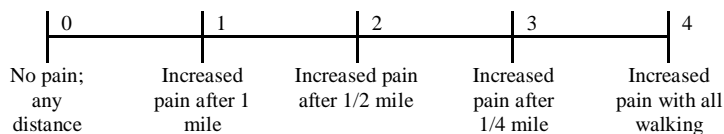
## 8. Lifting



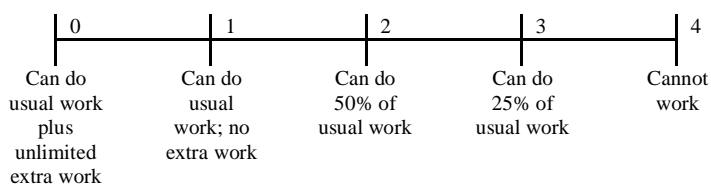
## 4. Travelling (driving, etc.)



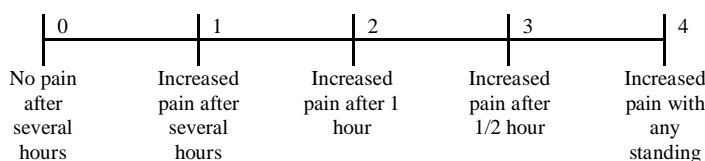
## 9. Walking



## 5. Work



## 10. Standing



\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

### For Office Use Only:

Practitioner ID#: \_\_\_\_\_

Total Score \_\_\_\_\_ / 40

Clinical Diagnosis Codes:

Patient ID#: \_\_\_\_\_